News Break Scavenger Hunt

Sunday’s News Break challenges you to hunt through the Sunday, November 11, 2018 print replica of The Seattle Times to find answers to the following questions.

1. Two major studies released Saturday provide evidence that medications derived from fish oil are effective in protecting people from what three health ailments? (MAIN)

2. The flames burned down more than _____________ buildings, almost all of them homes, making it California’s most destructive wildfire since record-keeping began. (MAIN)

3. Thousands of Central American migrants were back on the move toward the U.S. border Saturday, after dedicated Mexico City metro trains whisked them to the outskirts of the capital and drivers began offering rides north. Approximately how many are in this caravan and where are they heading? (MAIN)

4. An exiled Chinese novelist spoke at a literary festival in Hong Kong on Saturday. The writer, Ma Jian, whose appearances at the Hong Kong International Literary Festival were reinstated at the last minute, said the reversal “proves the failure” of self-censorship.

Ma, a British citizen who lives in exile in London, said Saturday that a robust literary culture helps to “safeguard the bottom line of our civilization. Of course there is no way literature can resist a political force,” he said at a news conference. What did he say that we find in reading fiction? (MAIN)

5. Call them coddling or overindulgent, but affluent dog owners like the Carillos have given rise to newfangled services like My Dog Hikes and Kristi’s Kanines. For $_____ to $_______ a day, they will take city dogs hiking in beautiful places like Harriman State Park and South Mountain Reservation, while their owners are cooped up in cubicles. For an extra charge, the dogs get a post-hike bath. (MAIN)

6. In a landmark move bound to further shake the tobacco industry, the Food and Drug Administration (FDA) plans to propose a ban on __________________________ this week as part of its aggressive campaign against flavored e-cigarettes and some tobacco products, agency officials said. (MAIN)

7. Chris Carson made his mother a promise while their past went up in smoke. That’s why the second-year Seahawk arrived at an event space at Magnuson Park, on the lip of Lake Washington, a few minutes shy of 6 p.m. last Friday night. Carson came to support ROOTS — “Rising Out of the Shadows” — an emergency shelter for homeless youth ages 18 to 25.
Why is this organization so important to him? What promise did he make to his Mom? (SPORTS)

8. Swiss Air greeted the arrival of its latest plane with great fanfare, dubbing the Airbus A220 model the “________________________” and promising neighborhoods around Zurich Airport that it would be 50 percent quieter than older aircraft. But that tag has come back to haunt the Deutsche Lufthansa unit as the narrow body’s twin engines emit what locals have described as a strange howling noise when it comes in to land, enraged people living on the flight path. (BUSINESS)

9. Craig Romano has written a series of guides to urban trails in the Puget Sound area. “Urban Trails: Seattle” came out in August, and guides for Everett and Tacoma are slated for next year. Romano’s background is in backcountry hiking, but he knows that urban trails are an important way to promote inclusivity in the outdoors and engage communities in conservation efforts.

“It’s so important that we have these greenbelts in our backyards, because it allows people to constantly have access to nature … because to travel to a lot of the national parks requires ______________________ and __________________,” said Romano. (THE MIX)

10. So what is a flexitarian diet? (THE MIX)
News Break Scavenger Hunt Answer Key: Sunday, November 11, 2018

1. Fatal heart attacks, strokes and other forms of cardiovascular disease. (MAIN, A6)
2. 6,700 buildings (MAIN, A8)
3. The roughly 4,000 migrants plan to proceed to the city of Queretaro — a state capital 124 miles to the northwest — and then possibly to Guadalajara, Culiacan, Hermosillo and eventually Tijuana on the U.S. border. (MAIN, A9)
4. “In fiction we find our real roots: the goodness of human nature.” (MAIN, A14)
5. $85-$130/day (MAIN, A15)
6. Menthol cigarettes (MAIN, A17)
7. More to the point, he came to 1) fight homelessness and 2) fulfill his promise. Because, not so long ago, he was homeless, too. (SPORTS, C9)
8. “Whisperjet” (BUSINESS, D1)
9. Leisure time and income (THE MIX, E9)
10. Eating flexitarian means choosing mostly plant-based foods, with moderate amounts of fish, poultry, dairy and eggs, and small amounts of red meat. Consumer research shows that more and more people want to reduce the amount of meat they eat but don’t want to give it up completely. They’re going flexitarian, even if they don’t actually call themselves that.

It’s true that vegan diets, which include no animal-based foods at all, and vegetarian diets, which include dairy and/or and eggs, have less impact on the environment than flexitarian diets. But flexitarian diets are exactly like they sound — more flexible — and eating plant-based isn’t an all-or nothing proposition. If you’ve thought about going vegetarian but don’t want to give up meat entirely, flexitarian is a middle way. (THE MIX, E10)